

SafeWork SA



Manual tasks in construction

Building without the strain

Manual tasks are a part of construction work and can't always be eliminated – but they can be reduced. Better planning, the right tools and equipment, and safe systems of work help protect workers, prevent injuries, save time and reduce costs.

SafeWork SA has developed construction-specific guidance to help PCBUs (principal contractors and subcontractors) identify hazards, assess risks and implement effective controls – before injuries occur.

Practical, task-specific guidance on:

- handling sheet materials
- handling timber beams
- formwork activities
- steel fixing
- shovelling tasks
- pushing wheelbarrows
- concrete pouring.

These resources include practical tools, examples of risk assessments and sample Safe Work Procedures to support safer work on site.

Scan the QR code to access tools and guidance



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